

POUND RIDGE RECREATION



# & WINTER BROCHURE

RECREATION

NEIGHBOR TO NEIGHBOR

POUND RIDGE LIBRARY

[WWW.TOWNOFPOUNDRIDGE.COM/RECREATION](http://WWW.TOWNOFPOUNDRIDGE.COM/RECREATION)

914-764-0947



# Registration

## ONLINE REGISTRATION ONLY THROUGH COMMUNITY PASS PLATFORM

INFORMATION AND UPDATES ON OUR RECREATION PROGRAMS  
CAN BE FOUND ON THE TOWN WEBSITE:  
[WWW.TOWNOFPOUNDRIDGE.COM/RECREATION](http://WWW.TOWNOFPOUNDRIDGE.COM/RECREATION)

ALL COMMUNICATION AND GENERAL ANNOUNCEMENTS WILL BE  
MADE THROUGH COMMUNITY PASS.

PLEASE MAKE SURE YOUR ACCOUNT IS UP TO DATE AND YOU  
ARE RECEIVING GENERAL COMMUNICATION AND ALERTS.

RECREATION DEPARTMENT  
914-764-0947, 914-764-3987





# Community Pass

NEW USERS CLICK “CREATE AN ACCOUNT” AND ENTER ALL INFORMATION REQUIRED.

RETURN USERS LOG IN WITH YOUR ESTABLISHED USERNAME AND PASSWORD.

PLEASE CONFIRM YOUR USERNAME AND PASSWORD PRIOR TO REGISTRATION TO AVOID ANY ISSUES SIGNING UP FOR PROGRAMS.

ONCE LOGGED IN, PROCEED TO REGISTER FOR YOUR DESIRED PROGRAMS. BEFORE YOU REGISTER MAKE SURE YOU HAVE AN ESTABLISHED ACCOUNT.

DO NOT CREATE A “NEW” ACCOUNT IF YOU HAVE REGISTERED WITH US BEFORE.

## ACCOUNT CHECKLIST:

1. CHECK THAT YOUR USERNAME AND PASSWORD ARE WORKING. 2. CHECK TO SEE THAT ALL MEMBERS OF YOUR HOUSEHOLD ARE ON THE ACCOUNT WITH THEIR INFO (AGE, GENDER, GRADE, ETC). 3. RECEIPTS, ALERTS AND GENERAL INFORMATION ARE CHECKED OFF.

THIS IS PARAMOUNT IN ORDER TO REGISTER FOR AGE-LEVEL APPROPRIATE PROGRAMS DO ALL OF THE ABOVE PRIOR TO THE START OF REGISTRATION

STILL HAVING TROUBLE? CALL US AT 914-764-0947





# Department Information

**Andrea Russo**

Recreation Supervisor

914-764-3987

[arusso@townofpoundridge.com](mailto:arusso@townofpoundridge.com)

**Melissa Farella**

Recreation Leader

914-764-0947

[mfarella@townofpoundridge.com](mailto:mfarella@townofpoundridge.com)

179 Westchester Avenue,  
Pound Ridge, NY 10576

Office Hours: Monday-Friday, 9:00 AM-4:30 PM







# Recreation Commission

**Rich Wetchler - Chairman**

**Van Muller - Vice Chairman**

**Diane Briggs - Town Board Liaison**

**Colette Dow**

**Matt Polinsky**

**Dawn Davidson**

**Dan McDonald**

**Derek McConnell**

Recreation Commission meetings are usually held on the second Monday of the month at 7:00 PM in the Town House.

1/8, 2/12, 3/11, 4/8, 5/13, 6/10, 7/8, 8/12, 9/9,  
10/7, 11/4, 12/9





# Town Board

**Kevin C. Hansan** - Supervisor & Chairperson  
[supervisor@townofpoundridge.com](mailto:supervisor@townofpoundridge.com)

**Diane Briggs** - Town Board/Deputy Supervisor  
[dbriggs@townofpoundridge.com](mailto:dbriggs@townofpoundridge.com)

**Daniel S. Paschkes** - Town Board  
[dipaschkes@townofpoundridge.com](mailto:dpaschkes@townofpoundridge.com)

**Diane Briggs** - Town Board  
[dbriggs@townofpoundridge.com](mailto:dbriggs@townofpoundridge.com)

**Alison Boak** - Town Board  
[aboak@townofpoundridge.com](mailto:aboak@townofpoundridge.com)

**Namasha Schelling** - Town Board  
[nschelling@townofpoundridge.com](mailto:nschelling@townofpoundridge.com)

[www.townofpoundridge.com](http://www.townofpoundridge.com)





# Community Volunteers

**Volunteer Fire Department**

**Info@poundridgefire.com**

**Ambulance Corps**

**prvac@optonline.net**

**Garden Club**

**poundridgegardenclub@gmail.com**

**Land Conservancy**

**Info@prlc.net**

**Historical Society**

**Info@poundridgehistorical.org**

**Pound Ridge Partnership**

**info@poundridgepartnership.org**

**Friends of Pound Ridge**

**friendsofpoundridge@gmail.com**





# Program Policy


## REFUND POLICY

Refunds are issued only for the following reasons:

A full refund will be issued for any program canceled by Recreation & Parks. A refund request because of illness or injury must be submitted in writing and accompanied by a doctor's note. Refunds will be prorated based on the date received.

## CANCELLATION POLICY

In case of inclement weather, cancellations will be announced through an email from Community Pass. Make sure any emails you would like to receive notifications, are added to your account. All efforts will be made to reschedule classes. However there is no refund or prorated fee due to missed classes.





# Rental Facilities

## CONANT HALL

257 Westchester Ave

Available for private parties. Maximum capacity-180 people.

Rental Fee: Resident: \$500.00,

Rental Fee: Non-Resident: \$800.00

In addition to the rental fee, a \$500 refundable deposit and a certificate of insurance naming the Town of Pound Ridge as insured, must accompany the completed rental application.


## PARK SHELTER

199 Westchester Ave

The shelter has two grills and several picnic tables.

Perfect for your BBQ event!

A certificate of insurance naming The Town of Pound Ridge as insured, must accompany the completed rental application.





# Town Park

The Town Park is open daily from sunrise to sunset.

The mission of the Pound Ridge Recreation Department is to create and promote recreational, cultural, and play opportunities for all town residents and to enrich their lives by preserving and enhancing the town's parks and natural areas.

## PARK FACILITIES

Welcome to the Town of Pound Ridge Parks and Facilities. Our Parks offer something for everyone young and young at -heart. Check out our amenities, as many are available for public rental for all types of occasions. Pound Ridge Park has two full court basketball courts as well as a full size beach volleyball court. There also are four tennis courts and four pickleball courts. You can bring your children and play on the two playgrounds, use the walking trails or use any of the open space for any recreational activity. Also in the summer with paid admission, you can enjoy the three pools that are at the heart of our park. We also invite you to pay a visit to our passive recreational facility Sachs Park located at 4 Old Stone Hill Road.

## RESTRICTIONS & POLICIES

Day Camp priority; During the day camp season, all park facilities, including the shelter, playground and ball fields, are reserved exclusively for the use of the day camp.

Monday through Friday 9:00am - 3:00pm.

## PARK

Use of the park by groups of ten or more must be scheduled through the Recreation Department. Failure to reserve use of the facility could result in your group being asked to leave the area. We also request groups using the pool to notify the Department to assure adequate guard coverage.

Dogs must be kept on a leash at all times, and are not permitted in the pool area.







# Special Recreation

North East Westchester Special Recreation

[www.northeastsspecialrec.org](http://www.northeastsspecialrec.org)

North East Westchester Special Recreation, an agency supported by the Town of Pound Ridge, is available to children and adults with developmental disabilities from our community. North East programs offer a variety of year round recreational activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and enhancing social skills.

For more information, call their office at (914) 347-4409.





# Special Events

Save the dates!  
More Information Coming Soon!

**Scarecrow Contest**  
Saturday October 19th

**Breakfast with Frosty**  
Saturday December 14th





# Programs

## YOUTH PROGRAMS & SPORTS

Fiddleheads Cooking Class

Dance Works

TGA Golf

Flag Football League

Youth Soccer

Tennis

USA Sports

Basketball League - Info to follow

## ADULTS PROGRAMS & SPORTS

Volleyball

Men's Basketball

Women's Basketball

Cornhole League

Tennis

Pickleball



**POUND RIDGE | BEDFORD | LEWISBORO**

# **TRI-TOWN NFL FLAG FOOTBALL LEAGUE**

**Kindergarten - 8th Grade**

**Boys & Girls Teams, 6 V 6**

**Grades K-2nd \$150, Grades 3rd-8th: \$225**

**(Additional \$25 fee for Non-Resident)**

**Registration must be done, in the Town, in which you reside.**

**Game Dates: 9/21, 9/28, 10/5, 10/12, 10/19**

**Championship Event 10/26 at Pound Ridge Town Park**

**K-2nd Grade: 40 minute practice, 20 minute game**

**3rd-8th: 1 practice per week, 1-2 games per week**

**Volunteer Coaches are needed! If interested in coaching a team, please reach out to the appropriate town recreation department.**



 Register Here

Pound Ridge: 914-764-0947, Melissa Farella, mfarella@townofpoundridge.com

Bedford: 914-666-7004, Amanda Farina, afarina@bedfordny.gov

Lewisboro: 914-232-6162, Katie Coluccini, Recreation2@lewisborogov.onmicrosoft.com



# ***POUND RIDGE FALL YOUTH SOCCER***



## **Little Kickers- Ages 3-5**

Wednesday 1:15 - 2:00 PM, Sept 11th-Oct 30th  
OR Sunday 9:00 - 9:45 AM, Sept 15th-Nov 3rd  
Cost: \$275

## **Academy - Grades K-2nd**

Academy program practices once a week & play a 1 hour game on Sunday.  
Practice: Monday OR Wednesday 5:00-6:00 PM  
Games: Sunday 10:00-11:00 AM  
Sept 9th-Nov 3rd  
Cost: \$345

## **Premier -Grades 3rd-5th**

The four main technical components all players will develop in the 8 week session are: passing/receiving, dribbling, shooting/finishing, and defending. They will have 1 practice per week and 1 game day per week.  
Practice: Wednesday 6:00-7:00 PM  
Games: Sunday 10:00-11:00 AM  
Sept 11th-Nov 3rd  
Cost: \$345

**WE ARE LOOKING FOR VOLUNTEER COACHES/PARENTS FOR SUNDAY GAMES.  
EMAIL [MFARELLA@TOWNOFPOUNDRIDGE.COM](mailto:MFARELLA@TOWNOFPOUNDRIDGE.COM) IF INTERESTED!**

Location - Pound Ridge Elementary School Upper Field  
Registration can be done online at Community Pass



# **KIDS TENNIS LESSONS**

Register for Fall Kids Tennis Lessons with  
Tennis Pro Austin Gardella!

To register fill out the registration form  
and email [gardellaaustin@gmail.com](mailto:gardellaaustin@gmail.com)

Fee: \$300, checks payable to Austin  
Gardella on the first day of lessons.

## **LESSONS SCHEDULE**

**AGE 3-4 TUES 3:15-4:00 PM**

**AGE 3-4 THURS 3:15-4:00 PM**

**AGE 5-9 MON 4:00-5:00 PM**

**AGE 5-9 TUES 4:00-5:00 PM**

**AGE 5-9 WED 4:00-5:00 PM**

**AGE 5-9 THURS 4:00-5:00 PM**

**AGE 10-17 MON 5:00-6:00 PM**

**AGE 10-17 TUES 5:00-6:00 PM**

**AGE 10-17 WED 5:00-6:00 PM**

**AGE 10-17 THURS 5:00-6:00 PM**

**\*LIMIT OF 15 KIDS PER CLASS\***





# Town of Pound Ridge Recreation Department

# TENNIS REGISTRATION FORM

*Please print and fill out completely*

Parent/Guardian/Self: \_\_\_\_\_  
Last Name First Name

Mailing Address \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

*Email:* \_\_\_\_\_

**Emergency Contact:** *In the event the above cannot be reached, please designate a friend/ neighbor we may contact during the time the registrant is in class.*

**Name** \_\_\_\_\_ **Tel:** \_\_\_\_\_

Make checks payable to Austin Gardella  
 Please email this form to Austin Gardella, [gardellaaustin@gmail.com](mailto:gardellaaustin@gmail.com)

| Last Name | First Name | M/F | Grade | DOB | Activity | Days | Time |
|-----------|------------|-----|-------|-----|----------|------|------|
|           |            |     |       |     |          |      |      |
|           |            |     |       |     |          |      |      |
|           |            |     |       |     |          |      |      |
|           |            |     |       |     |          |      |      |

**General Waiver:** I hereby, for myself, my children, my heirs, executors and administrators, waive and release any and all right and claims for damages against the Town of Pound Ridge, its Commission members, Employees, Representatives and Volunteers, for any and all injuries suffered by me or my child(ren) at any activity sponsored by these groups. I understand all persons participate in Town programs at their own risk. I agree that all photos taken during activities may be used by the Town of Pound Ridge for publicity.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_



LEARN THE FUNDAMENTALS

GRIP • PUTTING  
CHIPPING • FULL-SWING

DEVELOP +  
PROGRESS SKILLS 



EXPLORE  
ACADEMICS  
THROUGH PLAY

LESSONS ON  
SPORTSMANSHIP,  
PERSEVERANCE  
+ LEADERSHIP 

ALL EQUIPMENT  
PROVIDED 

TRAINED +  
VERIFIED COACHES 

FUN FOR ALL  
AGES + ABILITIES 

# PLAY GOLF

at Upper Field at Pound Ridge E.S.

Golf made possible by Pound Ridge Recreation

| Session | Start Date  | End Date   | Start Time | End Time | Price |
|---------|-------------|------------|------------|----------|-------|
| Gr. K-2 | September 9 | October 21 | 3:15 PM    | 4:15 PM  | \$175 |
| Gr. 3-5 | September 9 | October 21 | 4:15 PM    | 5:15 PM  | \$175 |

-6 Classes

-Monday Golf Dates: 9/9, 9/16, 9/23, 9/30, 10/7, 10/21

-Location: Upper Field at Pound Ridge Elementary School

-TGA coaches will pick up kids for Grades K-2 directly from the school and walk them to the field; parents should pick up the kids directly from the field

- For the Grades 3-5 class, drop off and pick up will be at the field

-TGA Provides all Equipment

-Participants should bring their own water

For more information contact: Ralph Blessing at  
rex1486@live.com or 914-325-2623

**SIGN UP TODAY!**

<https://northernwestchester.playtga.com/prfall24golf>





DANCE WORKS



**COME DANCE  
WITH US!**

**FALL SESSION**

**SEPT. 11 - DEC. 12**



**CONANT HALL**

**257 Westchester Ave. Pound Ridge**

**WEDNESDAYS**

2:45 - 3:30 PM

AGES 3.5-4.5

**CREATIVE PRE BALLET**

3:35 PM - 4:25PM

K-1

**BALLET I**

4:30-5:30PM

GRADES 2-5

**BALLET II A/B**

5:35-6:35PM

GRADES 2-5

**MODERN/CONTEMPORARY**

\*Nutcracker Excerpts & Holiday

Showcase: Sunday, 12/8

Additional performance fees apply

**THURSDAYS**

3:30 - 4:20 PM

K-1

**JAZZ / HIP HOP**

4:25 - 5:25 PM

GRADES 2-5

**JAZZ/HIP HOP/  
BROADWAY**



**SPACE IS  
LIMITED!**

**AND FIRST COME  
FIRST SERVE**

**TUITION & FEES**

1 CLASS/WEEK \$375

2 CLASSES/WEEK: \$735

3 CLASSES / WEEK \$1,095

REGISTRATION FEE \$30

**TO REGISTER, CALL: 914-714-2131**

**WWW.DANCEWORKS.US**





# Fiddleheads

Cooking Studio

## FALL SESSION

### **Preschool Class: Little Cooks**

Monday's 12:30-1:30 or Friday's 3:30-4:30 PM

### **Elementary School Class: Culinary Kids**

Monday's 4:45-5:45 PM or Friday's 4:45-5:45 PM

### **Middle School Class - Teen Cooking**

Monday's 3:30-4:30 PM

Monday Dates: Sept 16th-Dec 9th,  
No classes: 10/14, 11/11

Friday Dates: Sept 13-Dec 13th,  
No class: 10/4, 10/11, 11/29

11 Week Session \$550

Conant Hall, 257 Westchester Ave, Pound Ridge NY

Renana Shvil, 646-853-6046

fiddleheadscookingstudio@gmail.com

**To register visit: [www.fiddleheadscookingstudio.com](http://www.fiddleheadscookingstudio.com)**





# SPORTS

## FALL CLASSES

**POUND RIDGE  
RECREATION**

### WEEKLY CLASSES

**AGE 1.5 - 5.5**

Winter Schedules Online Soon  
More Sports Options Available

SCAN TO VIEW  
SCHEDULES & REGISTER



## FALL SCHEDULE

All programs take place in Pound Ridge, NY

Fall programs start in September

Weekly classes take place once a week for 45 mins

More details, full schedule and pricing online

### ***Soccer:*** Age 1.5-3.5

**Early Fall: 9/15 - 11/03 & Late Fall: 11/17 - 12/15**

Age 1.5-2.5: Sundays at 8:45am OR 10:15am

Age 2.5-3.5: Sundays at 9:30am OR 11:00am

### ***Multi-Sports:*** Age 2.5-5.5

**Early Fall: 9/15 - 11/03 & Late Fall: 11/17 - 12/15**

Age 2.5-3.5: Sundays from 8:45am OR 10:25am

Age 3-4.5: Sundays from 9:35am - 10:20am

Age 4-5.5: Sundays from 11:15am - 12:00pm

### ***T-Ball:*** Age 2.5-5.5

**Early Fall: 9/14 - 11/02 & Late Fall: 11/16 - 12/14**

Age 2.5-3.5: Saturdays from 8:45am OR 10:25am

Age 3-4.5: Saturdays from 9:35am - 10:20am

Ages 4-5.5: Saturdays at 11:15 am - 12:00pm



**REGISTER TODAY AT  
USASPORTGROUP.COM**

NEED HELP? CONTACT US TODAY

866 345-BALL



# CORNHOLE

## **Fall Session**

9/8, 9/15, 9/22, 9/29, 10/20, 10/27, 11/3  
Off 10/6, 10/13

## **Winter Session**

1/5, 1/12, 1/26, 2/2, 2/9, 2/24, 3/3  
Off 2/16

\$60 Per Person, Per Session

4-6 People per team

Max 12 teams, space is limited.

Price includes Championship  
Event & prizes for top winners!

Register on Community Pass

Questions: email Andrea Russo  
[arusso@townofpoundridge.com](mailto:arusso@townofpoundridge.com)





**POUND RIDGE RECREATION**

# **PICKLEBALL**

## **ADULT CLINIC**

**THURSDAY'S  
MAY - SEPT  
\$30 PER SESSION.**

**6:00-7:30 PM**

**TOWN PARK  
TENNIS/PICKLEBALL  
COURTS**

**TO REGISTER  
CONTACT AUSTIN GARDELLA  
GARDELLAAUSTIN@GMAIL.COM**

**POUND RIDGE RECREATION & PARKS**

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# **VOLLEYBALL PICKUP GAMES**

**Oct 8th-May 27th**

**Looking for a way to stay active and be social? Volleyball is the place for you!**

**We meet every Tuesday at Pound Ridge Elementary School, 7:00-9:00 PM**

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**Free Program!**

**Register on Community Pass**

**Questions? Reach out to Melissa Farella  
[mfarella@townofpoundridge.com](mailto:mfarella@townofpoundridge.com)**



Pound Ridge Recreation



# **MEN'S BASKETBALL**

## **ADULT PICKUP GAMES**

**SEPT 16TH - MAY 26TH**

**MONDAY'S 7:00-9:00 PM**

**POUND RIDGE ELEMENTARY SCHOOL  
BASKETBALL COURTS**



Contact Van Muller to sign up!  
[vmuller2018@gmail.com](mailto:vmuller2018@gmail.com)



# ZUMBA

# CLASSES



Pound Ridge  
Recreation & Parks

*AT CONANT HALL*

**Instructor - Patti Larkin**

**Friday's 8:15 AM**

**Saturday's 8:30 AM**

**(Virtual Option Available)**

**pcoviell@yahoo.com or 914-584-4103**

**Instructor - Heather Schlector**

**Sunday's 10:00-11:30 AM**

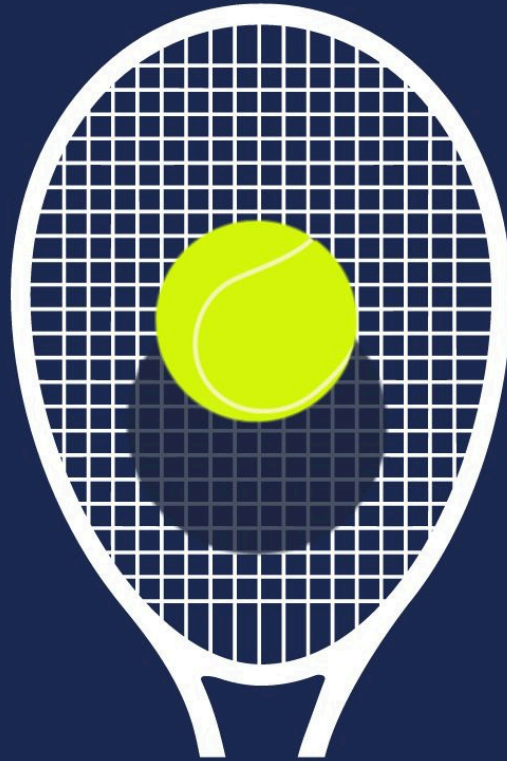
**heather@schlector.com or 914-874-4083**

**\$15 Per Class**





**Pound Ridge  
Recreation & Parks**



# ADULT TENNIS

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## Adult Clinic Schedule

4 Week Sessions, \$180pp (\$45 per time)

Session 1: Sept 3rd to Sept 26th

## Women's Tennis Clinics

Monday 6:00-7:30 PM Open Level Clinic

Tuesday 9:00-10:30 AM Intermediate 3.0+ Level

Tuesday 10:30 AM-12:00 PM Low Intermediate 3.0 level & below

Thursday 9:00-10:30 AM Advanced 3.5+ level

Thursday 10:30 AM-12:00 PM Intermediate 3.0+ level

Thursday 12:00-1:00 PM Beginner/Low Intermediate

TO REGISTER CONTACT AUSTIN GARDELLA, [GARDELLAAUSTIN@GMAIL.COM](mailto:GARDELLAAUSTIN@GMAIL.COM)





Town of Pound Ridge Recreation & Parks Department  
Programs for Pound Ridge Seniors

# Neighbor to Neighbor Fall Newsletter

[PRSeniors@townofpoundridge.com](mailto:PRSeniors@townofpoundridge.com)

914-764-8201





# Chair Yoga

At Conant Hall  
Monday's 10:00 AM  
No Charge!



Wear comfortable clothes.

There will be no class on Federal Holidays.

Program sponsored by Northern Westchester Hospital

Please visit website for updated Calendar.

# Cafe Conant

Join us every Wednesday at Conant Hall!  
Coffee + Tea Provided. Bring your own lunch.

Drop in anytime from 11:00 AM - 2:00 PM.

257 Westchester Ave



# Wednesday Shopping

Ride the N2N bus to do your errands in  
Scotts Corners!

At home pickup with a ride to the business  
district; The Market, Key Bank, Post Office,  
Library and more!

## Neighbor to Neighbor Services

1. "Are you OK?" - Call Reassurance Program
2. Rides to Scotts Corner Business District
3. Medical Equipment Loans
4. Meals on Wheels - Volunteer Driven
5. Medical Appointment Rides - Volunteer Driven
6. Grocery Deliveries - Volunteer Driven

# Local Lunches

Join us to enjoy lunch out at a local restaurant!

Pay for your own lunch.

Bus will leave from the Town House at 12 PM.

(subject to change).

At home pickups are available!

RSVP one week prior to the lunch by phone;

914-764-8201

Sept 26th - Hacienda la Paloma, Mt. Kisco

October 10th - Muscoot Tavern, Somers

November 7th - PRES Luncheon

November 21st - Mt. Kisco Diner, Mt. Kisco

December 5th - Taj, Stamford



# Local Trips

## **Sept 12th - Walkway Over the Hudson**

10 AM meet at Town House, \$10 Per Person, Cash  
Seniors will enjoy the beautiful walkway by transAM!

To assist seniors, veterans, individuals with mobility challenges, and those with a fear of heights, the Friends of the Walkway's all-electric 11-passenger, wheelchair accessible tram allows visitors of all abilities to experience the Walkway and enjoy its sweeping, panoramic Hudson Valley views.

**Space is limited!**

**RSVP by Sept 5th, [PRSeniors@townofpoundridge.com](mailto:PRSeniors@townofpoundridge.com)  
or 914-764-8201**

## **November 21st - Katonah Art Museum**

11:00 AM-12:00, \$10 Per Person, Cash

Meet at the Town House at 10:30 AM for bus pickup.  
Following the trip, we will attend lunch at Mt. Kisco Diner,  
12:30PM

**RSVP by November 7th,  
[PRSeniors@townofpoundridge.com](mailto:PRSeniors@townofpoundridge.com)  
or 914-764-8201**

Neighbor to Neighbor



**HALLOWEEN**

*Luncheon*

THURSDAY OCTOBER 24TH

Conant Hall 11 AM

Lunch served at 12 PM

**Costume Contest.**

**Prizes will be awarded for best costumes.**

RSVP by October 17th

914-764-8201, [PRSeniors@townofpoundridge.com](mailto:PRSeniors@townofpoundridge.com)

Transportation to the luncheon is available.  
Overflow parking at Town Park; shuttle will be running from  
Conant Hall to the Town Park.



Neighbor to Neighbor

# HOLIDAY LUNCHEON

Thursday December 19th  
11:00 AM at Conant Hall  
Lunch Served at 12 PM

RSVP by December 12th  
914-764-8201

[PRSeniors@townofpoundridge.com](mailto:PRSeniors@townofpoundridge.com)

Transportation to the luncheon is available.  
Overflow parking at Town Park; shuttle will be  
running from Conant Hall to the Town Park.



# SEPTEMBER

# 2024

PRSENIORS@TOWNOFPOUNDRIDGE.COM, 914-764-8201

| MON                          | TUE | WED                                   | THU                                     | FRI                        | SAT                             | SUN |
|------------------------------|-----|---------------------------------------|-----------------------------------------|----------------------------|---------------------------------|-----|
|                              |     |                                       |                                         |                            |                                 | 1   |
| 2                            | 3   | 4<br>CAFE CONANT<br>11:00 AM-1:00 PM  | 5<br>WALKWAY OVER<br>THE HUDSON         | 6                          | 7                               | 8   |
| 9<br>CHAIR YOGA<br>10:00 AM  | 10  | 11<br>CAFE CONANT<br>11:00 AM-1:00 PM | 12                                      | 13                         | 14<br>PBA<br>CAR SHOW<br>@ PARK | 15  |
| 16<br>CHAIR YOGA<br>10:00 AM | 17  | 18<br>CAFE CONANT<br>11:00 AM-1:00 PM | 19                                      | 20<br>FOOD TRUCK<br>FRIDAY | 21                              | 22  |
| 23<br>CHAIR YOGA<br>10:00 AM | 24  | 25<br>CAFE CONANT<br>11:00 AM-1:00 PM | 26<br>LUNCH AT<br>HACIENDA<br>LA PALOMA | 27                         | 28                              | 29  |
| 30<br>CHAIR YOGA<br>10:00 AM |     |                                       |                                         |                            |                                 |     |

# 2024 . OCTOBER

PRSENIORS@TOWNOFFPOUNDRIDGE.COM, 914-764-8201

| MON                         | TUE | WED                                 | THU                                           | FRI | SAT                      | SUN |
|-----------------------------|-----|-------------------------------------|-----------------------------------------------|-----|--------------------------|-----|
| 1                           |     | 2<br>CAFE CONANT<br>1100 AM-100 PM  | 3                                             | 4   | 5<br>HARVEST<br>FESTIVAL | 6   |
| 7<br>CHAIR YOGA<br>1000 AM  | 8   | 9<br>CAFE CONANT<br>1100 AM-100 PM  | 10<br>LUNCH AT<br>MUSCOTT<br>TAVERN           | 11  | 12                       | 13  |
| 14                          | 15  | 16<br>CAFE CONANT<br>1100 AM-100 PM | 17                                            | 18  | 19                       | 20  |
| 21<br>CHAIR YOGA<br>1000 AM | 22  | 23<br>CAFE CONANT<br>1100 AM-100 PM | 24<br>HALLOWEEN<br>LUNCHEON<br>1100 AM-200 PM | 25  | 26                       | 27  |
| 28<br>CHAIR YOGA<br>1000 AM | 29  | 30<br>CAFE CONANT<br>1100 AM-100 PM | 31                                            |     |                          |     |

# 2024 . NOVEMBER

PRSENIORS@TOWNOFPOUNDRIDGE.COM, 914-764-8201

| MON                         | TUE | WED                                  | THU                                          | FRI | SAT | SUN |
|-----------------------------|-----|--------------------------------------|----------------------------------------------|-----|-----|-----|
|                             |     |                                      |                                              | 1   | 2   | 3   |
| 4<br>CHAIR YOGA<br>1000 AM  | 5   | 6<br>CAFE CONANT<br>1100 AM-1:00 PM  | 7<br>PRES<br>LUNCHEON                        | 8   | 9   | 10  |
| 11                          | 12  | 13<br>CAFE CONANT<br>1100 AM-1:00 PM | 14                                           | 15  | 16  | 17  |
| 18<br>CHAIR YOGA<br>1000 AM | 19  | 20<br>CAFE CONANT<br>1100 AM-1:00 PM | 21<br>KATONAH ART MUSEUM<br>& MT KISCO DINER | 22  | 23  | 24  |
| 25<br>CHAIR YOGA<br>1000 AM | 26  | 27<br>CAFE CONANT<br>1100 AM-1:00 PM | 28                                           | 29  | 30  |     |



# 2024 . DECEMBER

PRSENIORS@TOWNOFPOUNDRIDGE.COM, 914-764-8201

| MON                         | TUE | WED                                 | THU                                         | FRI | SAT                            | SUN |
|-----------------------------|-----|-------------------------------------|---------------------------------------------|-----|--------------------------------|-----|
|                             |     |                                     |                                             |     |                                | 1   |
| 2<br>CHAIR YOGA<br>1000 AM  | 3   | 4<br>CAFE CONANT<br>1100 AM-100 PM  | 5<br>LUNCH AT TAJ                           | 6   | 7                              | 8   |
| 9<br>CHAIR YOGA<br>1000 AM  | 10  | 11<br>CAFE CONANT<br>1100 AM-100 PM | 12                                          | 13  | 14<br>BREAKFAST WITH<br>FROSTY | 15  |
| 16<br>CHAIR YOGA<br>1000 AM | 17  | 18<br>CAFE CONANT<br>1100 AM-100 PM | 19<br>HOLIDAY<br>LUNCHEON<br>1100 AM-200 PM | 20  | 21                             | 22  |
| 23<br>CHAIR YOGA<br>1000 AM | 24  | 25                                  | 26                                          | 27  | 28                             | 29  |
| 30<br>CHAIR YOGA<br>1000 AM | 31  |                                     |                                             |     |                                |     |



# LIBRARY PROGRAMS

Phone: (914) 764-5085

[www.poundridgelibrary.org](http://www.poundridgelibrary.org)

Library hours

Tuesday-Friday 10:00 am - 6:00 pm

Saturday 10:00 am - 5:00 pm

## CHILDREN'S PROGRAMS

### **Musical Tuesdays & Musical Wednesdays**

Instructors from Bedford Academy of Music. Ages 6 months to 6 years old.

Tuesdays and Wednesdays at 10:30 am.

### **Music with Kurt Gallagher**

Ages 6 months to 6 years old. Fridays at 10:30 am.

### **All-Age Stories**

Listen to great stories told by Mr. Alan.

Tuesday-Saturday at 11:15 am.

### **Paws to Read**

Do you want to practice your reading skills? Adam and Sunny Boy can't wait to hear you read to them. Tuesdays at 4 pm.





### **Chess Instruction for Kids**

Beginners, intermediate and advanced players are all welcome to attend. This program is intended for Kindergarten-Grade 5, but younger children are welcome as well. Wednesdays at 4 pm.

### **Monthly Saturday Specials during School Year at 1 pm**

Krafty Kids - 1st Saturday

Stamford Museum & Nature Center - 2nd Saturday

STEM - 3rd Saturday (2024)

Varying programs - 4th Saturday

### **Book Groups**

After reading a great book, come and discuss with Mr. Alan over pizza and apple juice.

1st & 2nd Grade Book Group - October 25, November 22, December 20, January 24, February 28, at 4 pm

3rd & 4th Grade Book Group - October 25, November 22, December 20, January 24, February 28, at 4:30 pm

5th & 6th Grade Book Group - October 25, November 22, , December 20, January 24 February 28, at 5 pm

### **Halloween Party & Entertainment**

Saturday, October 26 at 11 am







**Take Your Child to the Library Day**

Saturday, November 2,  
New Canaan Nature Center presents “Birds of Prey” at 12 pm  
Cat in the Hat meet and greet at 1 pm

**Day-after Thanksgiving Movie**

Star Wars: A New Hope, Friday, November 29 at 2 pm.

**Annual Family Holiday Happening**

TBD, Saturday, December 14 at 11 am.

**Holiday Week Vacation Specials at 2pm**

Holiday special TBD - Thursday, December 26  
Holiday special TBD - Friday, December, December 27  
Holiday special TBD - Tuesday, December 31

**Valentine’s Day Family Magic Show**

TBD, Saturday, February 8 at 1 pm.

**Presidents’ Week Specials at 2pm**

Winter Holiday special TBD - Tuesday, February 18  
Winter Holiday special TBD - Wednesday, February 19  
Winter Holiday special TBD - Thursday, February 20  
Winter Holiday special TBD - Friday, February 21





# ADULT PROGRAMS

## **Writer's Inspiration Online.**

Join our writing groups where you'll be motivated for creative writing with fresh ideas, fantastic writing & fun! Instructor: Kim Kovach, author, teacher, featured columnist & editor. Tuesdays: MORNINGS at 10:30-12:00noon. EVENINGS at 6:30pm - 8:00pm. Fall SESSION: September10 -December10.

## **IN-Person Chair Yoga at the Library.**

An in-person opportunity for newcomers or experienced with instructor Lea-Ann Durcan, Certified Therapeutics instructor, RYT, & Cross River Yoga. Thursdays, 10:30am -11 :30am.

## **Mindful Meditation Online.**

A program that cultivates compassionate, non-judgmental awareness, moment to moment. Learn to control your mind by controlling your breath. For optimal well-being, you will consider this a worthwhile experience. The instructor is Deirdre Breen, AHC, NBC-HWC. Mondays & Thursdays, 6:00pm -7:00pm.

## **Modified Yoga Online.**

Whether you are new to Yoga or want to restart your practice, experience the benefits of modified Yoga! Deirdre Breen, AHC, NBC-HWC, is our instructor. Deirdre is a Board Certified Health and Wellness Coach, an Ayurvedic Health Counselor, a Yoga Master Teacher - ISHTA Lineage. Yoga Alliance Continuing Education Provider. Wednesdays & Fridays, 3:00pm - 4:00pm.





### **Energize 101 Online**

Have fun and improve your strength & endurance, both in and out of the chair. This weekly class combines movement with light strength training, range of motion work, and relaxation. Phil Coyle, instructor, has been trained by the National Academy of Sports Medicine in functional fitness training and group training. He is an advanced teacher of Power Pilates and is practitioner of Eden Energy Medicine E.E.M.-C.P.

Mondays, 1:00pm -2:00pm.

### **Mah Jongg: In-Person at the Library**

Originated several centuries ago. Join us in this popular game of skill and luck.

Tuesdays, 12:00pm - 2:00pm.

### **Canasta: In-Person at the Library**

Enjoy a great card game. Good company & good conversation. Wednesdays, 1:00pm. No Strings Attached. This program offers a welcoming space for individuals of all skill levels to come together, share ideas, and work on knitting, crocheting, or needlepoint projects. Thursdays, 3:00pm - 5:00pm.

### **Great Courses - Great Courses Teaching Company**

This series of college-level lectures on film explores various academic areas of interest including art, literature & history. Thursdays, 12:30pm, start-date TBA.

Pound Ridge Library Book Group. The Library's book discussion group offers a unique opportunity to explore a variety of genres. Meets monthly at the Library. Wednesdays, 11:45am-12:15pm.

### **Women and Money**

An on line financial literacy series for women of all ages, the series focuses on "How to Make Sense of Today's Financial Markets." Discussion leaders include Julia Strayer and Liz Maccarone, Wealth Management Advisors. Monthly, Wednesdays, 1:00pm -2:00pm.







### **Art Workshops**

Spark your creativity & take home your design in one or both sessions. All levels welcome. Evelyn Harvey, instructor. Ink Drawing: October 18, 12:30pm - 3:00pm. Monotype Printmaking: November 15, 12:30pm - 3:00pm.

### **The Making of Young Frankenstein**

Presented on line by historian Sal St. George. Paying homage to this classic horror film of the 1930's, enjoy the hilarious backstory of the making of a film classic. October, date TBA.

### **Young Artists Series**

Featuring young talented musicians from high school and college. Recitals planned for Fall & Winter. Be sure to watch for details.

### **Greeting Card Workshop**


Be creative & learn to make your own greeting cards for special occasions. All levels welcome. Materials provided. Lauren Teton, instructor. September 20, 12:30pm - 3:00pm

### **Citizen Preparedness Training.**

1 LT Kyle Kilmer, Citizen Preparedness Corps (CPC) will present a training session on preparing residents for emergencies & disasters. The program was designed by the NYS Division of Homeland Security & Emergency Services (DHSES) with classes held across the state. Saturday, November 9, 11 :00am.

### **The Peekskill Riots**

A special film screening of The Peekskill Riots, pt. 1, followed by a discussion and Q & A by the film's creator, Jon Scott Bennett of doc film fame with The Pound Ridge Massacre previously screened at the library. October 19, 3:00pm.





### **Piano Duo**

Piano recital featuring acclaimed pianists Sharon Chang & Mateusz Borowiak. A preNYC performance you won't want to miss. Saturday, October 26 at 3:00pm.

### **Paint Like Monet**

Instructor Lauren Teton will guide participants through the unique brush strokes and coloration that make Poppies one of the most popular of Monet's paintings. All levels welcome. Materials provided. December 6, 12:30pm - 3:00pm.

### **Rise Up!**

In observance of Native American Heritage Month, the Library will present Craig Harris, music historian, storyteller & author of Rise Up! Indigenous Music in North America. He will explore why indigenous music is at the heart of North America's sound scape. November, date TBA.

### **Fiddler on the Roof**

Join in-person at the Library musicologist & composer, Dr. Gil Harel as he explores the Tony award-winning Broadway musical by Pound Ridge's own, the late great Jerry Bock. You won't want to miss this exciting theatrical experience. November, date TBA.

### **Art Exhibitions:**

Julia Rosenberg, September 14- November 9

Ricky Silbersher, November 16 - January 4, 2025

Katonah Museum Artists' Association, January 11 - March 8

