

Pound Ridge Swim & Dive Team Practice Schedule 2024

Tryouts for **NEW** Swimmers/Divers
 Saturday June 8th (Rain Date June 9th)
 10:00 AM - 12:00 PM

1. Swimmers will be brought down to Camp after practice ends.
2. Divers will be picked up from Camp and brought to Dive Practice.
3. Teen Travel Camp will be driven from practice to PRES by Supervisor Andrea Russo or Recreation Leader Melissa Farella in the Town Bus.

June 10	June 11	June 12	June 13	June 14	June 15	June 16
First Day of Practice 10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00		
June 17	June 18	June 19	June 20	June 21	June 22	June 23
10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	Tentative Car Wash 10:00-1:00 Pound Ridge Fire House	
June 24	June 25	June 26	June 27	June 28	June 29	June 30
10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00	A Meet VS Willowbrook at Home	10 & Unders/Pre-Team 4:00-4:45 PM 11 & Overs 4:45 - 6:00 Diving 6:00-7:00		

July 1 First day of Camp! 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM	July 2 A Meet @ Katonah	July 3 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM	July 4 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM	July 5 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM	July 6	July 7
July 8 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM B Dive Meet @ TBD	July 9 A Meet @ Briarcliff	July 10 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM B Meet at HOME	July 11 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM	July 12 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM	July 13	July 14
July 15 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM B Dive Meet @ TBD	July 16 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM	July 17 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM B Swim Meet at TBD	July 18 A Meet VS Yorktown at Home	July 19 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM	July 20 Tentative Swim A Thon 10:00-12:00 Raising money for NEW STARTING BLOCKS!	July 21
July 22 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM B Dive Meet @ HOME	July 23 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM	July 24 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM B Swim Meet at TBD	July 25 A Meet VS MKMP at Home	July 26 11 & Overs 7:30-8:30 10 & Unders/Pre-Team 8:30-9:15 Diving 3:15-4:15 PM	July 27	July 28

July 29	July 30	July 31	Aug 1	Aug 2	Aug 3	Aug 4
<p>11 & Overs 7:30-8:30</p> <p>10 & Unders/Pre-Team 8:30-9:15</p> <p>Diving 3:15-4:15 PM</p>	<p>11 & Overs 7:30-8:30</p> <p>10 & Unders/Pre-Team 8:30-9:15</p> <p>Diving 3:15-4:15 PM</p>	<p>Diving Championships</p> <p>11 & Overs 7:30-8:30</p> <p>10 & Unders/Pre-Team 8:30-9:15</p> <p>Diving 3:15-4:15 PM</p>	<p>Diving All Stars</p> <p>11 & Overs 7:30-8:30</p> <p>10 & Unders/Pre-Team 8:30-9:15</p> <p>Diving 3:15-4:15 PM</p>	<p>Champs Swimmers ONLY</p> <p>8:00-9:00 AM</p>	<p>Swimming Champs</p>	<p>Swimming All Stars</p> <p>TEAM DINNER</p> <p>4:00-8:00 PM</p>