

Native Plants

Many factors are contributing to the disappearance of the native plants of our region and the birds and butterflies that need them. The gardeners of Pound Ridge can play a part in slowing this decline in our area by adding some of these beautiful specimens to their landscape.

Why should you use native plants? Native landscapes provide habitats for wildlife. They encourage the presence of beneficial insects and microorganisms that help keep these plants healthy without the use of chemical fertilizers and pesticides. In addition to not needing chemicals, once these natives are established in appropriate sites, they don't need supplemental watering (except during extreme drought). The native garden is economical in time and money, it is ecological, it lets your landscape fit into its surroundings and offers a welcome place for you and your family.

For those of you without deer fencing the following is a list of 'deer tolerant' native plants. It was put together not just from a list of plants but by a gardener with experience here in Pound Ridge. For those with fences there are too many other stunning natives to be listed here.

Recommended, deer tolerant, native plants for gardening, land restoration in Pound Ridge.

There are no truly deer resistant plants; any plant when eaten repeatedly will succumb and deer will eat ANYTHING when hungry enough. However the following list is a compilation from personal experience and observation and several existing lists of "deer proof plants". For more detailed information on the character, growing conditions, and wildlife benefits of any plant consult the Ladybird Johnson Wildflower Center's native plant database at <http://www.wildflower2.org/NPIN/Plants/plant.html> or good native plant catalogues and reference books.

Botanical name	Common name	Site preference
HERBACEOUS PLANTS		
<i>Actaea alba</i>	White baneberry	Moist woodlands. Shade.
<i>Actaea rubra</i>	Baneberry	Moist woodlands. Shade.
<i>Agastache foeniculum</i>	Lavender hyssop	Dry meadows/gardens/roadsides. Part shade.
<i>Allium cernuum</i>	Nodding wild onion	Moist to dry meadows/gardens streambanks. Sun to part shade.
<i>Allium tricoccum</i>	Wild leek	Average woodlands. Shade.
<i>Amsonia montana</i> <i>/tabernaemontana</i>	Dwarf blue star /Blue Star	Average woodland edges/gardens. Sun to part shade.
<i>Aquilegia canadensis</i>	Wild columbine	Dry rocky woodlands/gardens. Shade to full sun.
<i>Arisaema triphyllum</i>	Jack-in the-Pulpit	Moist woodlands/gardens. Shade.
<i>Aruncus dioicus</i>	Goat's beard	Moist woodlands/gardens. Shade.
<i>Asclepias tuberosa</i>	Butterflyweed	Dry meadows/gardens/roadsides. Full sun.
<i>Asclepias incarnata</i>	Swamp milkweed	Moist to average meadows/gardens/roadsides. Full sun.

<i>Aster novae-angliae</i>	New England aster	Moist to average meadows/gardens/roadsides. Sun to part shade.
<i>Aster novae-belgii</i>	New York aster	Moist to average meadows/gardens/roadsides. Sun to part shade.
<i>Baptisia australis</i>	Blue wild indigo	Average woodland edges/meadows/gardens. Sun to part shade.
<i>Cimicifuga racemosa</i>	Black cohosh	Dry rocky woodlands/clearings. Part shade.
<i>Coreopsis lanceolata</i>	Lance-leaved coreopsis (Tickseed)	Dry meadows/gardens/roadsides. Part shade to full sun.
<i>Coreopsis rosea</i>	Pink coreopsis	Average to moist meadows/gardens/roadsides. Full sun to part shade.
<i>Dicentra eximia</i>	Wild bleeding heart	Moist to average woodlands/gardens. Part shade.
<i>Euphorbia corollata</i>	Flowering spurge	Dry rocky open woodlands/ meadows/waste places. Full sun.
<i>Geranium maculatum</i>	Wood geranium	Dry to moist woods and woodlands/ woodland edges. Partial shade.
<i>Helenium autumnale</i>	Fall sneezeweed (Common sneezeweed)	Moist meadows and streambanks. Full sun.
<i>Hibiscus moscheutos</i>	Crimson eyed rose mallow	Moist meadows/gardens. Full sun.

<i>Iris versicolor</i>	Blue flag iris	Moist rich gardens/meadows. Part sun.
<i>Jeffersonia diphylla</i>	Twinleaf	Moist rich woodlands. Part shade.
<i>Liastris spicata</i>	Dense blazing star	Moist woodland edges/clearings/marshes. Full sun.
<i>Monarda fistula</i>	Wild bergamot	Moist to dry woodlands/meadows/gardens. Part sun.
<i>Panicum virgatum</i>	Switch grass	Dry to moist meadows/gardens/streambanks. Part sun.
<i>Penstemon digitalis</i>	Foxglove beardtongue	Average meadows/gardens. Part shade to full sun.
<i>Phlox divaricata</i>	Blue wood phlox	Moist woods/gardens. Part shade.
<i>Phlox stolonifera</i>	Creeping phlox	Average meadows/gardens. Part shade.
<i>Physostegia virginiana</i>	Obedient plant	Moist streambanks/meadows/ swamps. Part sun.
<i>Polemonium reptans</i>	Jacob's ladder (Greek valerian)	Average woodlands/woodland edges. Part shade.
<i>Solidago</i> species	Goldenrods	Various. Check for each species.

<i>Symplocarpus foetidus</i>	Skunk cabbage	Swamps and muddy ground. Shade.
<i>Tiarella cordifolia</i>	Foamflower	Average to moist woodlands Full to light shade.
<i>Verbena hastata</i>	Blue vervain	Moist meadows/thickets Part sun.
<i>Veronicastrum virginicum</i>	Culver's root	Moist meadows/woodlands/ streambanks. Part sun.
FERNS		
<i>Adiantum pedatum</i>	Maidenhair fern	Moist woodlands. Part shade.
<i>Matteuccia struthiopteris</i>	Ostrich fern	Swamps. Part to full sun.
<i>Osmunda cinnamomea</i>	Cinnamon fern	Moist woodlands/swamp margins. Part shade.
<i>Osmunda claytoniana</i>	Interrupted fern	Moist to dry wooded slopes. Shade.
<i>Polystichum acrostichoides</i>	Christmas fern	Rocky outcrops/woodlands/ streambanks. Part shade.
<i>Pteridium aquilinum</i>	Bracken fern	Moist to dry woodlands/streambanks. Part shade.

TREES AND SHRUBS

<i>Acer rubrum</i>	Red maple	Moist to average woodlands/streambanks. Part shade.
<i>Acer saccharinum</i>	Silver maple	Moist woodlands/streambanks. Part sun.
<i>Acer saccharum</i>	Sugar maple	Rich moist woodlands/bottomlands. Part shade.
<i>Amelanchier canadensis</i>	Service berry	Moist woodlands/gardens. Part shade.
<i>Betula lenta</i>	Black birch (Sweet birch)	Wet to dry woodlands. Part shade.
<i>Betula populifolia</i>	Gray birch	Moist woodlands/streambanks. Part shade.
<i>Carpinus caroliniana</i>	Hornbeam	Moist woodlands/streambanks. Part shade.
<i>Fagus grandifolia</i>	American beech	Moist woodlands/uplands. Part shade.
<i>Fraxinus americana</i>	White ash	Moist woodlands/streambanks. Sun.
<i>Fraxinus nigra</i>	Black ash	Cool, moist woodlands. Part shade.
<i>Hypericum prolificum</i>	St John's wort	Moist to average woodlands/cliffs/gardens. Part sun.
<i>Lindera benzoin</i>	Spicebush	Moist to average woodlands/gardens. Part shade.
<i>Lonicera sempervirens</i>	Trumpet honeysuckle	Average gardens/woodland edges. Sun to part shade.

<i>Myrica pensylvanica</i> *	Bayberry	Average woodland edges. Sun to part shade.
<i>Quercus alba</i> *	White oak	Average woodlands. Full sun to part shade.
<i>Quercus borealis</i> *	Red oak	Average woodlands. Sun.
<i>Quercus coccinea</i>	Scarlet oak	Dry to average woodlands. Part sun.
<i>Quercus macrocarpa</i>	Burr Oak	Average to dry woodlands. Sun to part sun.
<i>Viburnum lentago</i>	Nannyberry	Wet to moist woodland edges/gardens. Sun to part shade.
<i>Viburnum dentatum</i> *	Arrowwood viburnum	Average woodland edges/gardens. Sun to part sun.
<i>Viburnum trilobum</i>	American cranberry	Dry to average meadows/woodland edges/gardens. Sun to part sun.

*Also on Salt Tolerant Plant list.